

Testimonials

Here are some shared sentiments that participants of Every Woman 2004/2005 found memorable:

"Laughter, atmosphere of respect for varying abilities and backgrounds, interesting and interested women encouraging one another to just give it a try..."

"I liked the pace of the weekend and themes of physical, spiritual, and social activities."

"I liked the fact that you had events/workshops that were different from what most people have already tried (e.g. ball rolling, circus training) – I would love to see more activities like that. Who knows what will be new next year!"

"I still can't stop talking about it! What a wonderful idea!"

"I learned so much about people that I thought I knew. It also made me think about myself!"

"The spirit of women together was amazing. The acceptance and genuine power of unity was incredible. I still have shivers thinking about it!"

"What I found interesting was how women were networking naturally...I think anything that fosters a spirit of unity and cooperation is great!"

[What stands out in my mind about the weekend was] "The incredible women that I've met who do such cool things in their lives."

"Your food, wine and program were complete. I loved it all! Your Saturday dinner, and speaker were exceptional. Nothing seemed contrived or out of place.

"The casual, free, permissive 'go at your own pace' environment. The feeling that everyone belonged."

"....networking with incredible women & having a lot of fun while working out. Very empowering, motivating..."

"Women, Positive, Beauty (Inner & Outer), Friendship, Smiles, Body-Centre, Art.... Thanks for the inspiration and for the opportunity to 'be' together in our bodies with life and joy!"

"Feeling 'empowered' and a real connection with these women."

"Being totally away from everything in a great venue (Whistler) taking time to be feminine. The dinner at La Rua was awesome."

"I loved everything!"